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Weekly News

CHRISTMAS EDITION

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DID YOU SAY YOGA NIGHT

Being at home and working behind the computer monitor all day has not proven to provide the most active lifestyle. Watching the pants shrink in the wash, and the belts hitting the last hole, we decided it was time to do something. So in June, Jason convinced a few of "the gang" to have an open mind to trying backyard yoga. I know... I know... you hippies and your yoga. Reluctant to try it in a group setting, we took to our new found backyard studio of 214 London Street once a week for a yoga class. Stephanie (our new yoga master) leading us slightly stumbly, "which left goes where", and "what did you just tell me I am going to do now" new Yogies. We have learned many new skills, tried things we like (Cat/Cow), and things we don't (standing splits), and some of us have even made weekly trips to Park Yoga, outside of the fenced in yard.

Six months down the road, we are still at it, under the guidance of our new found friend Stephanie. We moved indoors



for the winter... a missed week here and there for COVID scares and shitty work schedules, but the gang is having fun (whether we admit it or not) finding our happy place and sweating like a pigs on a yoga mat. Just maybe in 2022 we will all be able to do a Crow pose for 4 seconds.

Editors Notes: A big shout out goes to Stephanie Weiler who has guided us boys (and girl) though Yoga. She answers all our bizarre questions, listens to us grunt and whine when the movements are hard, and helps us to understand some of the more complex movements. We couldn't and wouldn't be where we are in yoga without her.

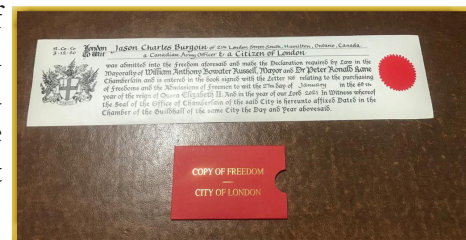
You can find her yoga classes here if interested <https://stephanieweiler.com>



A FREEMAN OF THE CITY OF LONDON

If anyone is in need of having sheep taken into the City of London (UK), give me a call. I'll save you the tax and walk them into the city across the bridge myself.

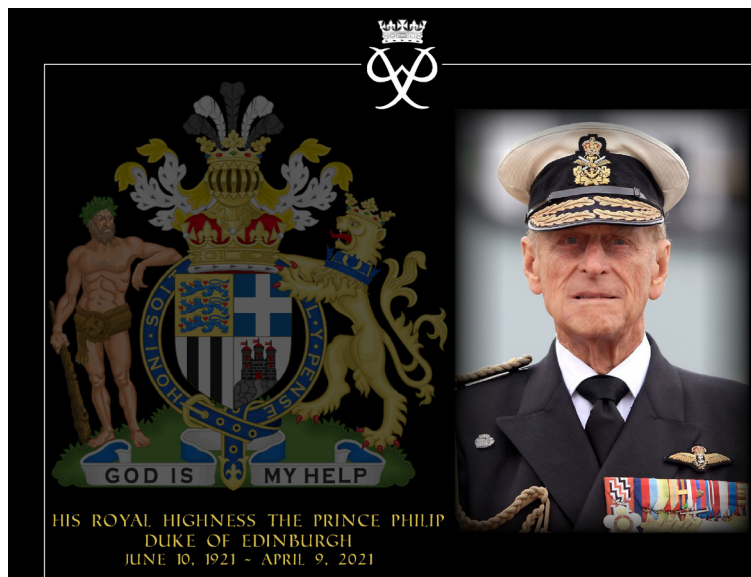
On January 27, 2021 the Court of Common Council of The City of London, admitted Jason as a Freeman of the City of London. And if that is not bizarre in its own rite, It was also one of the first oaths which was conducted virtually from the Chamberland Court at Guildhall.



Ancient in its customs and practices the Freedom of the City of London has been bestowed onto many notable individuals since the year 1237. Pictured here is the hand penned parchment scroll that was presented, outlining his Freedom.

A PRINCE HAS PASSED

We all mourned with The Queen as the world said goodbye to Prince Philip in April of this year.



PRO FIDE, PRO UTILITATE HOMINUM

What an honour it was to be appointed to the grade of Member, of The Venerable Order of the Hospital of St. John of Jerusalem this year. The announcement came in the fall of 2020 and the presentation was to take place in June of 2021 at Queen's Park where the investiture normally takes



Insignia Member of the Order of St. John

place. Alas, like so many other moments this year, that was altered, and for the second year the Order of St. John took to a virtual platform to announce the recipients and insignias were presented locally through St. John Ambulance. The certificate of appointment just recently arrived at the house signed by Governor General Mary Simons.

It is no secret that St. John Ambulance has a special place in Jason's heart, and he enjoys dedicating much time to the volunteer efforts within it. To have his name now join the roll of many distinguished Canadians, who have been presented with the eight pointed Maltese cross, is very humbling.

FROM THE ARCHIVES



On display, close to its original location! Do you know the locations where the Birks clock now calls home? It's always puts a smile on your face to look up as the clock strikes the hour and see the knight's circle around jousting.

THE ADVENTURES OF 2021

Well, I shall keep this part short and sweet. It was our hope as we moved into 2021 that this year was not going to be like the last, filled with plague and watching time move slowly by. We wanted to get out, make up for lost time and take in many of the adventures that we had to postpone. BUT.... as we all know, things just didn't go as we had planned. My list of adventures, which should keep you reading for a page or two, can really all be summed up in one paragraph.

We learned this year that you can side 1/4 of your garage relatively well using YouTube and Rona delivery service. It will take a few weeks, but looks professional from a distance. A few trips to Windsor, one for Austin's birthday (10 months late), and a winery day on another (all but one were closed).



We toured the pen, kinda cozy

A trip to Kingston, yep 3 days in Kingston with Andrew and Becky and, unknown to us at the time of booking, it was Kingston Pride. (*interesting*). But the most important adventure, and truly a highlight of the year, was our two trips to the vaccine clinic.

I know, I know it was not the list you had hoped for, but we worked with what we had this year. Lots and lots of backyard living space time was had, and as we look back, it was the best.

MILESTONE MOMENTS

Guess who turned 80 this year, and will probably kill me at Christmas for telling the world.... That's right, Mrs. Bernice Webster, more commonly called Nana around the house, has taken her 80th cycle around the sun. Seems like just yesterday, we were on the ferry at Disney but my math tells me that it might have been 30 something years ago now. Raise a glass over the holidays for Nana and may we see at least 20 more birthdays for her.



A day at disney no cares in the world.



MEET THE GANG

Let me introduce you to the group affectionately known as “The Gang”. We are known for doing all the fun, interesting and crazy adventures together, like this outing to a Kitchen Party show on Concession Street, or the Gang goes Cruising. Yet, we have all banded together this past 21 month, to keep each other company, laugh, celebrate and motivate each other to keep on living during the pandemic.



Austin, Becky, Andrew, Jeff & Gary (missing from the picture of course), bring life to the party and weekends, and we are lucky to have them in our lives.

Nothing is permanent in this world, Not even our trouble. Have faith and never give up!



It's been a crazy year, but I wouldn't have wanted to face it with anyone else.

Me

Him

Best Friends

Christmas is a time to celebrate the love in our lives, and the incredible people who bring joy to our family.

Wishing you and your family peace, health, happiness, and prosperity in the coming year.

Front page header background image was taken at the Hamilton beach, as we watched the early morning solar eclipse on June 10, 2021.

Public Service Announcement from our sponsors - Let's all do our part to help prevent the continued spread of COVID-19. Get out there and get your vaccines and boosters. We are all in this together.

Special Thanks and Honourable Mentions:

To our families down in Windsor, we know we have not seen much of you guys this year with limited visits. We miss you dearly and look forward to catching up over Christmas.

Congratulations to Rick & Kellie on their engagement. Heath & Miranda for getting hitched, Melissa on hitting the next decade of life (40), Drew on receiving his Commission into the CAF, and Brandon on 12 years undetected crime (CD).